

Optimising selenium fertiliser strategies for maximal wheat nutritional quality

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Background and significance

- Selenium (Se) is an essential micronutrient for humans and animals.
- The recommended daily intake for adults is 55 µg Se day⁻¹ person⁻¹.
- 0.5 – 1 billion worldwide are not consuming enough Se and are at risk of deficiency diseases such as Keshan and Kashin Beck.
- The application of Se fertilisers to staple crops - **agronomic biofortification** - is an effective method to improve humans' Se dietary intake in a sustainable manner. However, the processes underlying the transfer of different applied Se fertilisers from point source to the rest of the plant over time are still poorly understood.

Objective: To enhance the transfer of applied Se fertiliser to wheat by optimising fertiliser formulation and application timing.

Methods

In a pot trial, spring wheat was grown in free-draining 2 kg pots of sandy loam soil (pH 7.9) under natural light conditions. Selenium was applied at a rate equivalent to 10 g ha⁻¹ in the form of ⁷⁷Se-enriched sodium selenate.

Treatments:

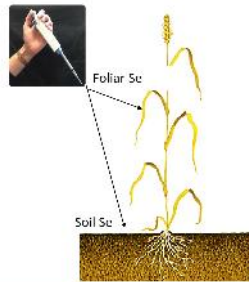
- Foliar Se with 2% N in the form of urea (F.Se+N)
- Foliar Se (F.Se)
- Soil Se

Application timing:

- At stem elongation (GS1)
- At head emergence (GS2)

Harvest:

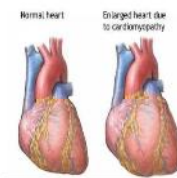
- 3, 10 and 17 days after GS1 application
- 3, 10 and 34 days after GS2 application



Kashin-Beck – disease of the bone



Keshan – disease of the heart muscle



Results

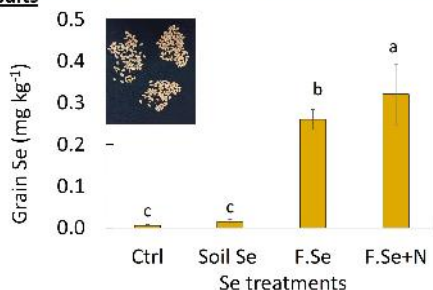


Fig. 1: Selenium concentrations in wheat grains

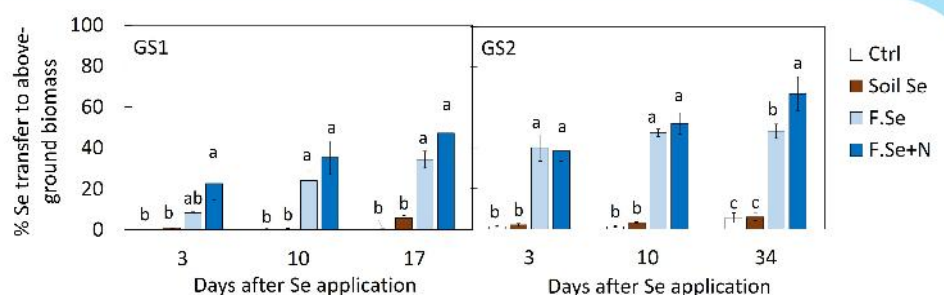


Fig. 2: Percentage of applied Se transferred to the above-ground biomass of plants over time when fertilised by soil Se application and foliar Se (±N) – note that the foliar Se assay excludes the leaves used for application. 'Ctrl' denotes the control treatment (no Se added).

- Higher Se uptake was observed when fertilisers were applied at a later growth stage (GS2).
- Only foliar Se treatments were effective in raising plants Se above control levels, probably due to rapid leaching after soluble selenate was applied to the soil.
- With an average grain Se concentration of 0.30 ± 0.03 mg kg⁻¹, foliar Se treatments effectively brought grain Se levels to the target level of 0.25 mg Se kg⁻¹ required for biofortification.
- Foliar application of Se was more effective when co-applied with N. We hypothesize that transformation of inorganic selenate to bioavailable Se-methionine was more rapid when foliar Se was co-applied with a N source, resulting in more rapid assimilation and translocation of applied Se. Ongoing chemical speciation analysis appears to confirm this hypothesis

Conclusions and applications

- Based on our results, we suggest that Se fertilisation strategies for wheat biofortification can be optimised by applying foliar Se with a N source at a rate equivalent to 10 g ha⁻¹ when plants are at a later developmental stage.
- This study is novel as it uses precise techniques such as stable isotope labelling to trace fertiliser uptake by plants and monitor its rate of transfer to different plant parts over time.
- This study contributes to existing knowledge about fertilisation strategies to enhance micronutrient uptake in staple crops, in a bid to alleviate deficiency and tackle Hidden Hunger.